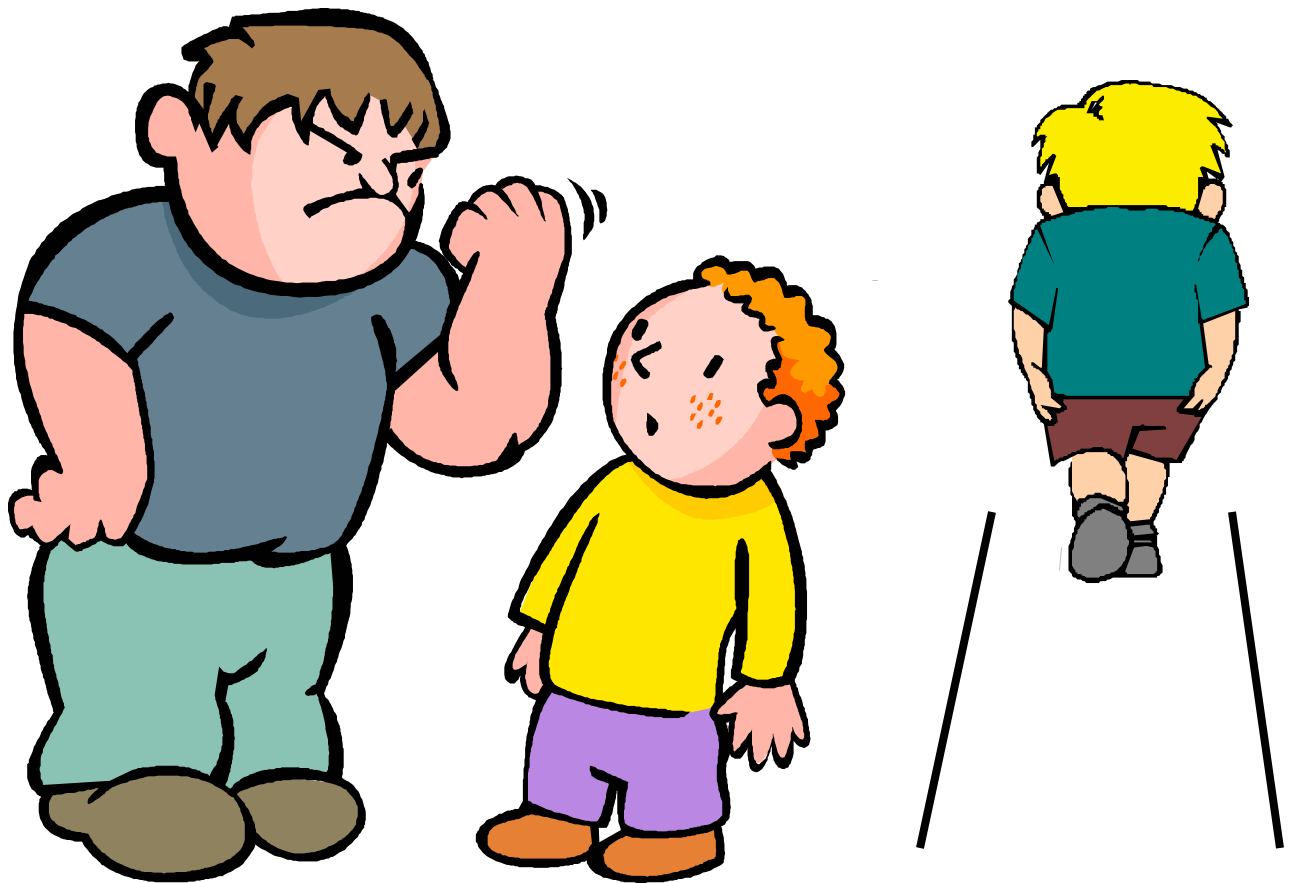


Bystanders



Bystander

Identify Problem: Most people want to stop a bully but lack the courage to get involved for fear of becoming a target. By doing nothing students become part of the problem.

Exercise: Have students role-play the following ways to respond to a bully.

1. Act like an ally. Intervene by warning them that a teacher, adult or other person with authority is on the way.
2. Tell the bully someone else has gone to get help.
3. Try to play the joker to lighten the situation and divert the bully's attention to something else.
4. Stand up to the bully with confidence but in a non-confrontational way. (Often if one person stands up to the bully others will support)
5. Walk away so that the bully does not have an audience.

Discussion: Bullies quickly lose their power when people stop passively accepting their behavior.

Identify Skills:

- Students will learn techniques to stop bullying behavior.
- Students will not empower the bully by giving them an audience.
- Students will learn that bystanders have the power to stop bullying behavior.

Source: Teresa Willie

